

July 6 Darshan with Sri Bhagavan and Japan.

Skype Darshan with Sri Bhagavan and Japan July 6, 2013



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on July 6th, 2013

Video Link:

<http://www.youtube.com/watch?v=XxA4kDuIQsM&feature=em-uploademail>

(There may be a video with closer view of screen posted in the coming days at the Oneness University.org site. There are more photos there in the news section of the event in Japan.)

Gratitude to Kaori Sekiguchi for translation during the darshan and for preparing this transcript.

This is the message from Japanese community, Bhagavan.

"Our beloved Sri Bhagavan, we were eagerly looking forward to having this day. Thank you so much for sharing your precious time with us. We are so grateful and would like to convey our gratitude from the bottom of our heart. Bhagavan, on this auspicious event, More than 2000 Japanese are attending this Skype dharshan. We have this Tokyo venue and also, other 16 venues are joining from all over our nation. We even have some participants who unfortunately could not leave their houses, but still decided to meditate in front of Srimurthi at this moment.

In Japan, There are so many people who had breakthrough in their lives after they encountered you and your teaching, Bhagavan. Many are reporting how their relationship set right, how their life changed in better way, and how they could luckily find jobs which made them flower across the world. Bhagavan, we are filled with joy when we see how much we are blessed with love and grace of SriAmmaBhagavan. We are becoming like small child and accepting the what is. This is the best thing happened in our lives. Thank

you very much again, SriBhagavan.

1- Question

Dear Bhagavan, Thank you for everything.

In Japan, we are still suffering from high levels of radioactive contamination, which has been detected since the nuclear accident at Fukushima, caused by major earthquake 2 years ago. Does this contamination have any impact on Awakening of Japan? If so, how does it work, Bhagavan?

Bhagavan

What happens in the inner world affects the external world. What happens in the external world affects the internal world. What happened in Japan would deeply affect Japanese consciousness. The effect would be that Japanese people would become awakened very very fast.

2- Question

Bhagavan, it might be the question from my mind, but please let me know the difference between enlightenment and awakening. Thank you.

Bhagavan

In Oneness, Awakening means there is a change in your brain. This change could be scientifically verified. The key teaching in Oneness are "Staying with the what is, Experiencing the what is, and being aware of the what is". If you are unawakened, you could do all these things with effort. When you are awakened, because change has happened in your brain, you could do all these three things without effort. When you keep doing these things, without effort, it leads to a great transformation. That transformation is Enlightenment.

When you are enlightened, you are not disturbed by thought. If you are just awakened, you could still be disturbed by thought. But you could stay with the thought without any effort. But if you are enlightened, there would absolutely be no thought disturbance. That is the basic difference.

3- Question

Bhagavan, Thank you for giving me special blessing in last December, your presence is something like my treasure. I am always thankful to you. Bhagavan, I understand, setting right relationships with our family is essential for our awakening. So would you tell me when I can realize my relationship have really set right? Is there any criteria? Or could we know it by ourselves?

Bhagavan

As you keep growing in your levels of Awakening, You would get more and more transformed. This transformation shows in your relationships. The relationships are the mirrors in which you could see yourself. Life is relationship. So, If in a relationship, you are not getting hurt, it means you are getting transformed. If in a relationship, there is unconditional love, you are getting transformed. If in a relationship, you derive joy, you are getting transformed. That is how you could check yourself whether you are getting transformed or not. Also there is a great peace inside you. There is a silence inside you which is not the opposite of noise. There is always contentious dialogue going on inside you. As you keep growing in Awakening, the dialogue slowly stops. That is the silence we

are talking about. This, you could check out for yourself.

4- Question

Bhagavan, in last December, I got awakened with your blessing. Thank you, Bhagavan. However, even after my awakening, I still have so many emotions. My mind is not quiet at all and I have no feeling like "I am surely awakened". I can't see the difference. So may I ask you what is the difference between people who are told awakened and who are not yet told?

Bhagavan

When we say you are awakened, it means technically the brain has changed. This could be scientifically verified. But sometimes, it takes time to feel the effect. The basic effect is you could effortlessly stay with the what is. Once, that starts happening, all else are automatic. For some people, this happens on the day of awakening itself. For some people, it takes months to feel the effect.

5- Question

Bhagavan, I heard that the new course for God-realization is going to start very soon. How does God-realization connect to awakening?

Bhagavan

Awakening and God-realization are two different things. If you get awakened first, it is easy to become God-realized. If you become God-realized first, it is easy to become awakened. When you become God-realized, you would start relating to your God. You could walk and talk with your God. Whatever you want, you could ask your God. There is a tremendous change in your consciousness.

6- Question

Bhagavan, Every time, some difficulty happened to us, does this always mean there is something we must learn from that? Or should we not analyze the meaning of it, and just feel our emotion which triggered by this incident?

Bhagavan

Basically, if something happens to you, it means your Karma is being worked out. And you have got to learn from that. When that happened, you would spiritually start growing.

7- Question

Bhagavan, what are the most important things we should do to make our life more abundant and joyful? As for putting effort on this matter, is there any difference between awakened one and unawakened one? Thank you, Bhagavan.

Bhagavan

You have got to accept yourself. You have to love yourself. If you do these things with some effort, you would get some benefit. But if you could do this thing effortlessly, that is a total transformation. Everything in your life would fall into place. The problem is we do not accept ourselves as we are and we do not love ourselves as we are. When you get awakened, you could effortlessly do this.

8- Question

Bhagavan, I have the question about the daily teaching "Women's liberation is a movement in consciousness". Would you please explain on this? Bhagavan.Thank you Bhagavan

Bhagavan

Here, we are not talking about the physical liberation of women. We are talking about an inner transformation inside woman. Where they no longer feel "We are women and we are inferior to man" Where woman are able to respect themselves and love themselves. That is why we say "It is a movement in consciousness."

9- Question

Bhagavan, My heart is filled with gratitude for your deepest LOVE and limitless Grace. Thank you for giving me the state of awakening in this year. Bhagavan, to make a shift in our life, we were told that it is important to apply the teaching. And we are supposed to have awareness and see the what is. However, I do not quite understand how I could apply and live the teaching exactly. Do we practice something to make teaching true in our life? Please tell me about this with example, Bhagavan. I am eager to go beyond level 50 in awakening. Thank you for always being with us, Bhagavan, Thank you.

Bhagavan

In Oneness, What you are is not important. In Oneness, The contents of your mind are not important. Applying the teaching means, staying with the what is. Suppose there is suffering, you do not escape your suffering. You hold your suffering. As you stay with your suffering, you begin to experience it. As you experience it, you would become aware of it. Here, you must understand, we do not do this thing to get somewhere. Staying with the what is, is the first step and it is the last step. If you could stay with the what is without effort, you are in an awakened state. If you experience the what is effortlessly, you are in an awakened state. If you are aware of the what is effortlessly, you are in an awakened state. Please understand, you do not do these things to get somewhere. It is an end itself. When you experience suffering, or if you are aware of suffering, or if you stay with your suffering, That is joy. That is unconditional love. It does not lead you to unconditional love, or unconditional joy. Staying with the what is effortlessly is unconditional love, is unconditional joy. If you get that insight, You are through. This is what we mean by "Applying the teaching"

10- Question

My beloved Bhagavan, Thank you for your grace and love towards mankind. I have the question on the teaching, which is "The Awakened One is controlled by the senses" . When I think of the Liberation Sutra, which tells us "Liberation of the senses", I am confused because I can only see contradiction in these 2 teachings. Please tell me the difference, Bhagavan. Thank you for your love. Thank you, Bhagavan.

Bhagavan

The unawakened person has what we called "the controller". The controller controls the senses and directs them. The awakened person has no controller; therefore, the senses are free. The senses function as they like. The awakened person just follows the senses. When you are unawakened, He was controlling the senses. Now that he is awakened, the senses control him. Do not try to practice it. Let it happens to you.

Thank you, Bhagavan.

Bhagavan, this completes the questions. Bhagavan, this event today is happening all over Japan, Bhagavan, where many trainers are involved in and bringing about people together, Bhagavan. And importantly Nakanishi-san has organized this event in Tokyo, Bhagavan. And today, it is the 20th anniversary of his organization and foundation

Bhagavan

All blessing to Nakanishi-san, and his foundation for completing their 20years of service. May it grow very big.

Thank you, Bhagavan.

Can we meditate now?

Bhagavan

Yes

MEDITATION

Bhagavan

Love you all, Love you all.

Namaste

(English text transcribed by Kaori Sekiguchi)
