



Sri Bhagavan`s webcast with Dubai

- November 22nd 2013

<https://www.youtube.com/watch?v=ys1onxDedCQ>

Q1. Bhagavan, please guide us how to make Amma and Bhagavan more and more physical in our lives and how to take care of them, Bhagavan? Thank you Bhagavan.

Sri Bhagavan: The basic conditions (for AmmaBhagavan) to become physical is – you should carry no hurt inside you. You should be free of all hurt. And the next thing is you must be filled with gratitude towards everyone who has helped you in your life starting with your parents. If these two conditions are fulfilled then AmmaBhagavan would physically manifest in your own home.

When that happens (that they manifest) you must talk to AmmaBhagavan. The more you talk the more physical they would become. Initially what would happen is you`ll find some movement in this sri murthi: The eyes blinking the hands moving or Amma and Bhagavan talking. These kind of things you are likely to see. And then – that is the first step.

The next step is AmmaBhagavan or your Ishta devata - whatever God you are worshipping – that`s what you would see.

That God would step out of the srimurthi. In case you are worshipping AmmaBhagavan they would step out of the srimurthi. We call this the first level of manifestation. We also call this `physical non-physical`, that is it would look physical but if you try to touch your hand would go inside AmmaBhagavan. Therefore it is non-physical. That is the first step.

Next what happens is as you communicate more and more as you talk more and more then it becomes `physical-physical`. That is it would look physical. You could also touch you could feel the breath you could touch the hands you could touch the Jubba (*some clothes*). All these things you could do.

But then you cannot photograph. If you`d click the photograph it would not come in the photograph.

The third level is it becomes `physical physical-physical`. It looks physical you can touch it as physical you could also photograph. But then AmmaBhagavan would stay inside your Pooja room. They will not come out.

The fourth stage they would come out of the Pooja room. They would walk in your house. They would come to the dining table. They could watch TV with you. They could come into your kitchen – all these things would happen.

And at the fifth level they would come out of the house itself and walk with you. That is the next level.

But for all this to happen you must be very communicative. For example if you are a very reserved person who does not talk who does not listen then AmmaBhagavan would not talk to you would not listen to you. You must be a friendly person communicating well with your mother with your father with your husband with your wife with your children. Only for such people it would happen. If you are a very reserved person who does not listen to what anybody is talking or you do not talk. For such people this would not happen. So step by step it would increase.

Then of course you must ask AmmaBhagavan or your God who has manifested what should you do? What kind of food they would like to eat? Do they want to stay in your house? Do you have a room for them? All this thing is between you and the physical manifestation. You must talk. And they will guide you completely what to do.

Depending on that they would be there and of course you can ask whatever you want. Whatever trouble you are in you can directly ask: "I have a financial

problem”, “I have a health problem”, I have that problem this problem or you can say “give me awakening”, “give me transformation”. So whatever we have been teaching you could straight away ask and they would give you a deeksha. That is the highest of deeksha. God himself, the Divine itself coming to you physically and giving you a deeksha. When that deeksha is given it’s all over.

All the human deeksha is only a preparation for that. Ultimate deeksha is the Divine itself gives you a deeksha. When that is done it’s all over. But what you must know is the Divine can become very very physical. It will actually live with you like another family member. It could become that physical. That you must understand.

Q2. Bhagavan, how to discover love in our relationships Bhagavan giving us stress-free lives Bhagavan? Thank you Bhagavan.

Sri Bhagavan: Yes. Love in relationship is also very very helpful to make the Divine very physical to you. And for that to happen what you must do is you must move into the shoes of your wife or husband or parents as the case maybe and try to look at things as the other is looking. You always have your point of view. That is not enough. You must move into the other person’s shoes and look at the world or look at yourself as they are looking. This is easily achieved this is not difficult. When that happens judgement ceases. As judgement comes down love goes up. You do not have love because you are constantly judging from the past the past knowledge the past images. With all that you are judging your spouse be it your husband or your wife or your parents. Continuously the mind is judging. Where there is judgement there is no love. This judgement must stop. Nobody should be judged. And it is achieved only if you could take the other persons point of view. If that could happen the judgement naturally and automatically stops. When that happens you are very beautifully filled with love. And once you have love in your heart the Divine quickly becomes ‘physical-physical-physical’.

Q3. Bhagavan, how to liberate our ancestors Bhagavan? And how to receive their blessings Bhagavan? And how does it help in our daily lives Bhagavan? Thank you Bhagavan.

Sri Bhagavan: It is very easy to liberate your ancestors by praying to your Divine when the Divine becomes physical to bring your ancestors. Out of the sri murthi your ancestors would come out. You can actually see your ancestors physically. And you could request AmmaBahgavan or the God that you are worshipping to liberate them. It would happen then and there. You can actually physically meet your dead ancestors. They can come out – it is happening in many places. And the best day to do it is their death anniversary. During the

anniversaries you could pray and they would come out. On that day you could also make dishes which your ancestor likes. You could place them there and your ancestor will eat those dishes. They will eat it. It's happening. And then they would be very very happy with you and they would also give you a blessing. And then they would go back to the sri murthi and vanish. That is the best way to liberate your ancestors and the best day is their death anniversary whatever year it is 42nd year or 43rd year or even 50th year of the anniversary you could do it.

Q4. Bhagavan, how does it help in our daily lives Bhagavan the blessings of our ancestors Bhagavan?

Sri Bhagavan: Many of the problems are because of your ancestors not being happy with you. Now this kind of thing where you invoke them get them there and you do a Pada Pranam (?) to them the dead ancestors and you feed them what they like and getting a blessing from them would almost instantly solve your problems. The problems are there because you do not have their blessings. That's one way of solving your problems.

Q5. Bhagavan, please explain the deeper meaning of the statement Bhagavan "gratitude is the mother of all good feelings" Bhagavan? Thank you Bhagavan.

Sri Bhagavan: We are all controlled by a 'program'. All that is happening in our lives our finances our husband, wife, sickness, ailments, success, failure – these are the manifestations of the program. The program itself comes from past lives the moment of conception whatever happened in the womb the delivery - how it happened – and the first six hours are very very crucial. And then the first six years. That is the program which completely controls everything about you.

Now there are positive aspects and negative aspects in the program. When you have gratitude what happens is all the positive things in this program they get switched on. And the negative things get switched off. On the other hand if you do not have gratitude even the positive ones get switched off and the negative ones get switched on.

So one of the simplest ways of changing the program is to build up gratitude. That can happen by easily going to the other person's shoes or reviewing your life. It's easily achieved. Once you have gratitude you will see your life is beginning to change.

Q6. Sri Bhagvan, please explain the difference between physical AmmaBhagavan and the Satyalok AmmaBhagavan and Antaryamin AmmaBhagavan, Bhagavan.

Sri Bhagavan: So for this you must understand Amma and myself, we are not 'physical' AmmaBhagavan. We are only 'Avatar AmmaBhagavan'. That's all. We can give you a blessing. We cannot do things; this is done by 'Paramatma AmmaBhagavan' who are the ones who are becoming physical to you, in your homes or in the chambers. That is the Paramatma AmmaBhagavan who actually do things. Now, we are only some kind of guides and we are blessing.

So you should now get to the Paramatma AmmaBhagavan, who become physical to you. They would be helping you in all your affairs, totally and completely. They would take care of your spiritual growth, everything. And in case they become physical to you can be sure that when you die you would be going to Vaikunt or Satyaloka above. That's where you will be going. It means you have got your visa to go there, it's ...10:39 [inaudible] it's very physical.

Now, with the help of this Paramatma AmmaBhagavan, you can go to the 'Purushottama AmmaBhagavan'. That is another loka (*realm*) where they exist, they physically exist. It's much more real than this loka. But you cannot get there without the help of the Paramatma AmmaBhagavan. So you should request them, ask them to take you there. When that happens, you could actually visit that loka. And you could see Purushottama AmmaBhagavan there, or you could see Purushottama Rama, or Purushottama Krishna, Purushottama Christ, whatever is your faith, or whatever God you are worshipping, that is the God you would be seeing in that loka.

Now, with the help of that Purushottama, let us say AmmaBhagavan, if you get close to them, build up a bond with them, then with that help, you could go to the 'Jyoti' (*Divine Light*). The Jyoti is much beyond. The Jyoti is like a billion suns put together. But that love or compassion, you cannot imagine. So you can get there. And then, when you get to the Jyoti, with the help of the Jyoti, you could go to the unmanifest Bramhan or what in the mantra we call 'Om'.

Now for example electricity we have no idea about it all. But when it manifests as heat, light, motion, or electromagnetic waves, then we know: oh yes, there is electricity. But when it is unmanifest, we have no idea about it. That Om or Bramhan is the unmanifest. That is the ground from which everything starts. For example in the bible it is said, "In the beginning was the word, and the word was with God." And God said, "Let there be light". That word only is Om, that only is Bramhan, that is 'The One' of Taoism. That manifests as light. So we start the moolamantra with Om, and that light is 'Sat Chit Ananda Parabrahma'. That is the moolamantra, it says, "Om, Sat Chit Ananda Parabrahma" - that becomes the Purushottama, that light becomes the Purushottama. And therefore we say Purushottama. That Purushottama becomes the Paramatma. That's why the Mantra says, Paramatma. And that Paramatma has created the avatar, so we say, Bhagavati Sameta Bhagavate Namaha. That's what you are reciting every day without knowing what it

means.

But now, when the Lord becomes physical to you, you should ask, "Please take me to the Purushottama". And when you get there you must ask, "Take me to Sat Chit Ananda Parabrahma". And then when you go there you can say, "Take me to Om or Bramhan". So you could go there. And that's where you will finally reach. So step by step you can go, it all depends upon you. If you want to be one with the unmanifest God, you could go there and when you go there you would realize that you only are that God. In the beginning you see, the avatars you see, then you see the Paramatma, then you see the Purushottama, then you see the light. But when you go into Om, the Bramhan, you only are that. You alone exist. You are everything. There is nothing else. You are only that sublime God, the highest God, the God of Gods. That, you only are that. All this is only a journey towards that. Suddenly you discover you only are that. Then you say, "Tat Tvam Asi" - You Are That. Or "AhamBrahmasmin" - I Am That Bramhan. So all these teachings from the Upanishads, they become reality to you.

So AdiShankara got there. People like Ramanujacharya, Madhavacharya, Namdev, Chaitanya, so all these people - Christ, Guru Nanak, all of them went up to the level of Purushottama. The Alvaars, the Nayanmaars. They could have gone above if they wanted to, but they wanted to stay there. That's what they've preferred. Some went into the Jyoti, like Ramalingam Swamy (****see at the very end*) who said, "Arul PerumJyoti, TaniperumKarunai". So they went there, and people like AdiShankara went beyond Jyoti into Bramhan. So it is a matter of discovery, it all depends upon you, where you want to go. But you must start with the Paramatma who becomes physical to you. That is the beginning of the journey. Once it happens everything is automatic thereafter. It all depends on your passion and your seeking.

Q7. Bhagavan, what role does seva play in our lives to deepen our connection with AmmaBhagavan, Bhagavan? And how does it help us to move further into oneness, Bhagavan. Thank you Bhagavan.

Sri Bhagavan: Seva helps you in changing your 'program' in a very positive way. As you keep doing seva the program changes. Everything in oneness whether it is the Havan (*Homa*) or whether it is a Mahadeeksha or a Level 1-course or whatever course we are conducting everything aims at changing the program. The seva also changes the program. Once the program changes you can get very very close to the Paramatma AmmaBhagavan. It helps you to make the Divine physical for you in life. So and then of course whatever seva you must do the Paramatma only will guide you straight away. It would say do this do that. It will help you to discover your Swadharma. It's purely between you and the Paramatma.

Q8. Bhagavan, please guide us how to start oneness communities, Bhagavan? And how to establish oneness centers, Bhagavan? And also the 2 chamber and 3 chamber processes, Bhagavan. Thank you Bhagavan.

Sri Bhagavan: First you must be able to get the Paramatma physically in your life. And then you must create a virtual community where you keep talking on the cell phones every day about the teachings about the miracles and you keep discussing about various problems you pray for others. This kind of thing must happen. And then you move on to creating the chambers. Either the 2 chamber process or the 3 chamber process for which we must in the university here we will ask the physical AmmaBahgavan – not we – the Paramatma who becomes physical. The dasas talk to them every day. For the dasas the Paramatma is totally physical. They will ask them and they must select you. Only such people can start this 2 chamber or 3 chamber process.

2 chamber process is only for healing. 3 chamber process is not just healing it's also for solving your other problems and to help you to become awakened transformed God realized all those things. That you must start.

So first Paramatma must become physical to you. That's most important. And then you start the virtual community. And then you move on to the chambers. And then you move on to physical oneness communities. For all that the Divine only would help you. It will help you in constructing putting up the communities. It's purely between you and the Paramatma.

Q9. Bhagavan, how to progress towards transformation and God realization after awakening Bhagavan? Thank you Bhagavan.

Sri Bhagavan: Oneness moves on two paths. The earlier path was which we even now do is what we call 'the long way' where we first transform your brain and we awaken you. Which means a change has happened in your brain whereby you would be able to stay with the 'what is' without effort. That you must practice. Initially you must put effort and stay with the 'what is'. Then slowly the effort ceases and it becomes automatic - staying with the 'what is' effortlessly happens. And you keep on doing that until it crosses 49 minutes. When it crosses 49 minutes changes, physical changes start happening in your heart. When the brain changes the heart changes. Now the heart and the brain are closely linked. But very often in our cases the head is controlling all your activities. Now once this happens the heart begins to control all your activities. We call this 'Christian awakening' or you discover unconditional love. That happens. Once this has happened and the brain has changed and they continue for more than 49 minutes you move into 'Taoist awakening'. In 'Taoist awakening' you would simply flow with life. That begins to happen automatically. Or it also leads to Islamic surrender or we call it 'Islamic awakening'. That's what happens. And then finally changes begin to happen in

what's called your Agneya chakra (*third eye chakra*). It moves there where you discover 'Buddhist awakening'. In 'Buddhist awakening' there is absolutely no craving and there are no views. That happens. And then the kundalini goes up further and the Sahasrara (*crown chakra*) gets activated. And then you come upon 'Hindu awakening'. In 'Hindu awakening' what happens is your senses get disjointed. For example when you see you cannot hear when you hear you cannot smell when you smell you cannot touch. But it looks as though it's all happening at the same time because these senses are being coordinated so very fast.

That gives the illusion of your being there. Actually you are not there but the senses are creating that illusion – a trick being played on you by your brain as though you are there.

In 'Hindu awakening' this is slowed down. That is when you hear you cannot smell when you smell you cannot touch. In a fraction of a second it is separated. Once that happens the self is gone. What you call the biological self is gone.

If you look at a tree you are not there looking at the tree - only the tree is there. If look at the moon you are not looking at the moon - only the moon is there. It is filling your consciousness. That is all. You are not there. When you look at the sky only the sky is there. Whatever you look at that only is there. You are not there. That is 'Hindu awakening'. Now all this happens step by step step by step. You have to be going on practicing staying with the 'what is'. Once you get the Paramatma in your life physically then you will only have to say "I want Christian awakening"; one deeksha – it is done. You must say "I want Buddhist awakening"; one deeksha – it is done. "I want Islamic awakening"; one deeksha – it is done. "I want Hindu awakening"; one deeksha – it is done. It's all over. We call this the 'short way'. That is the 'long way'. So nowadays we run two courses for example for the Western people when we say "Oneness Deepening" that deals with the long way. Now for example what is starting now is called the "Special Oneness Deepening". There we teach them the short way. So there is a 'long way' - there is a 'short way'. So it's up to you to choose whether you want the 'long way' or the 'short way'. It is purely yours.

So we spoke about Adishankara moving beyond the light into Bramhan or into Om. So about 1600 years ago he has chanted a word...*[video disconnected and reconverted]*

Sorry for the break we will continue with the chants:

(chant is following - note posted in the video:

Chant of "Nirvana DarshaKam" first revealed by Adishankara 1600 years ago, 10 verses that are said to contain the essence or all Vedatic teachings. Each verse ends with "Shiva Kevaloham" - 'I am the form of pure auspiciousness'.)

Sri Bhagavan: Now are there people who have experienced all these states? Yes. Most of the dasas for whom the Divine is physical have experienced all these states. For example your dasa, Vikram dasaji, has fully experienced all these states. He talks from his personal experience.

All the blessings to you. Soon you should also be able to experience all these states. It is starting to happen to the devotees and it will happen to you also - very soon.

Love you all love you so much love you.

Transcript: Q+A 6 sent by Noni Kaufman – rest of the transcript Antje Schilling, oneness.schweiz@yahoo.com

****Sri Bhagavan has mentioned Ramalingam Swamy several times before and the Divine phenomenon in which he turned his body into light (or was absorbed in the light of God) in 1874. This was documented at the time by the British.*

Ramalingam's Temple of Wisdom and his home where the phenomenon occurred are located very close to Ramana Maharshi's ashram in Tirunvanamallai and can be visited if you are traveling to India. More can be found on the internet.