



**Darshan with Sri Bhagavan and China
November 3, 2013**

<http://www.youtube.com/watch?v=qBLRggROsM0>

Q1: My dearest Sri Bhagavan, what is the relationship of my soul, higher self and my Divine?

Sri Bhagavan: Your soul, your higher self and the Divine are all one and the same. As you grow in awakening, you would discover for yourself that all these are just the same. There is no difference at all. That would be your ultimate realization.

Q2: Dear Bhagavan, I lost all my passion. I don't want to do anything, no motivation for life and I am addicted to spiritual classes. I can only find out peace when I close eyes and meditate. Dear Bhagavan, what can I do for this situation? I am helpless. Please help me Bhagavan.

Sri Bhagavan: You are in a wonderful state. Many great people have gone through this phase. If you would not escape from this state of mind, but completely stay with it, you would get a great breakthrough. Just wait for it to happen. Do nothing about it but just wait. Get soaked into it. This is a wonderful thing that could happen to anybody. Soak into it and the breakthrough would happen.

Q3: Dear Bhagavan, I am awakened and I can experience my emotions inside and get out from the suffering quickly. But, I found that I am not like what the awakened should be which mentioned in that Oneness weekly teaching. And, a lot of awakened ones around me are being like that. For example, the weekly teaching says, "The awakened one has no views. The unawakened one is full of views." I am so conflicted inside. Please tell me, what can I do, Sri Bhagavan? Namaste.

Sri Bhagavan: Initially, when we say you are awakened, what it means is a certain change has happened in your brain. That is awakening one. When this has happened, what it means is, you could stay with the "what is" without effort. We call that the second awakening.

Now, once the staying with the "what is" without effort crosses forty-nine minutes the heart begins to transform. The physical heart begins to transform itself and once that happens, you would realize all those teachings we are giving you. We call that the third level of awakening, and there are many more levels.

Q4: Sri Bhagavan, thank you for giving me awakening. Awakening is the best present for me in my life. What is the difference between staying with "what is" effortlessly and being in the present?

Sri Bhagavan: Staying with the "what is" without effort, leads to living in the present.

Q5: Namaste, Sri AmmaBhagavan. My wife is pregnant, but we fight frequently. What should I do for not fighting with my wife, or just not affecting my child? How could I have unconditional love? I hope to love my wife and my child. I found I don't love anyone. I am so evil. Dear Bhagavan, please tell me what should I do?

Sri Bhagavan: Firstly, put yourself in your wife's shoes and learn to see things the way she is seeing. Next, stay in the fact that you do not have love. Do not try to discover love or practice love. Just stay in the fact that your heart is dry. The breakthrough would happen.

Q6: Dear Bhagavan, what is the vision we must hold as a oneness trainer in the year 2014?

Sri Bhagavan: In the year 2014 your vision should be to make the Divine physical to all those people who come to you.

Q7: Bhagavan, Oneness University is an amazing place. Awakening, transformation, healing, miracles and many more things are happening in the Oneness deepening. Please tell us, what is happening in the deepening course? Thank you, Bhagavan.

Sri Bhagavan: We are, essentially, awakening the kundalini and activating the chakras. The chakras are what we call "ductless glands" which are switches to the brain. Through this process, we activate certain parts of the brain and deactivate certain parts of the brain.

Q8: Sri Bhagavan, what is the difference between change in the brain and change in the heart?

Sri Bhagavan: Change in the brain is basically, shutting down the parietal lobes and activating the frontal lobes. When we talk of changing the heart, we mean a better connection between the heart and the brain. What exactly is happening to the physical heart is a bit difficult to explain in medical terms in a short session like this.

Q9: Bhagavan, we have heard about Oneness new phenomenon that is happening in India and also in Germany. We also eagerly waiting to have Sri AmmaBhagavan in our home. What should we do Bhagavan?

Sri Bhagavan: It will soon start happening in China also. And, we will be releasing a process to you, which process if you follow it is enough.

Q10: Sri Bhagavan, what is the significance of Sri Bhagavan's webcast and Oneness Mediation?

Sri Bhagavan: We are trying to push up the kundalini and activate the chakras.

Q11: Sri Bhagavan, SriAmmaBhagavan started giving awakening last year from the November-December deepening. We are grateful for that. Please, tell us what are the special features about this year November-December deepening?

Sri Bhagavan: This year's November-December process is to make the Divine physical to you.

Q12: We receive a lot of miracles through homas. We want to know what is happening in the fire ritual homa. Thank you, Bhagavan.

Sri Bhagavan: Your life is controlled by a program, which is lodged in the unconscious. The rituals help us to enter the unconscious and switch off the negative aspects and switch on the positive aspects. When that happens, many things begin to happen. We call them miracles.

Q13: Sri Bhagavan, please tell us what are the sadhanas awakened people must do to become transformed being?

Sri Bhagavan: You must stay with the "what is" without effort for more than forty-nine minutes every day.

Q14: Bhagavan, we want to know, what is the role of China in Oneness?

Sri Bhagavan: Just wait and see.

Transcript: Amanda Welles