

Darshan with Sri Bhagavan and Singapore and Malaysia. Oneness Meditations on the Internet through May 19.

May 19, 2013



Singapore - Malaysia Bhagavan Darshan
May 4

Special Darshan with Sri Bhagavan: Malaysia and Singapore. May 4, 2013

[Video Link: http://vimeo.com/66102667](http://vimeo.com/66102667)

This was a special darshan where Sri AmmaBhagavan took a strong intent to produce an instantaneous shift in consciousness for the viewers in Singapore and Malaysia. Bhagavan went into a very deep state to lift the consciousness of participants. This will lead to more success and prosperity in the external world and take people very fast to awakening or deepening the state for those already awakened.

The guide instructed the viewers to take blessing from Sri Bhagavan while he has his hands raised blessing everyone. (Viewers reach towards the screen with hands extended out and then bring to top of their heads.) Then they watch Sri Bhagavan who is in meditation with eyes closed while he is on the screen with their eyes open or closed. Once the darshan is completed after 10 minutes or so, they were asked to continue in meditation for another 7 minutes to let the blessing integrate deep inside. After this, to get up and dance for some minutes to raise the kundalini and further deepen the state.

Thanks to Devi Naidu for sending us the link and information and to Mike Miller in Houston, TX for posting on Vimeo.

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Q.) Dear Bhagavan, you are saying that we have to just see the fear, anger, aggression, jealousy inside ourselves. But what do I do when I see this, but there is nothing I can do with myself. The emotion is so strong that I can scream on another person. Emotion is coming through me and the charge is very powerful. What does it mean to see it in myself, to accept it and don't change it? You say that the awakened one experiences his or her emotions, that emotions just take place. What does it mean? Does the awakened one witness the emotions? How does he stay with them? What do you mean when you say one shouldn't do anything with emotions? Where does this charge go? Thank you.

SRI BHAGAVAN: "We have often said that when you are not awakened do not behave like one. This teaching applies to one who moves into awakened states or is awakened. Your role is to see that there is nothing much you could do about it. When you see that there is nothing much you could do about it, it leads you to surrender. When you surrender and feel helpless, then the Kundalini rises. When the Kundalini rises, 'Seeing Happens', not that you see. There is no you who is seeing. 'Seeing Happens'. Seeing is effortless, Accepting is effortless, All that we have spoken of is effortless. If you put in effort you will not get there.

The only purpose of putting in effort is to realize 'you are helpless and that there is nothing you could do. Your role is up to that point. There after Kundalini takes over. Seeing happens. Seeing does not lead to anything. Seeing is to be awakened. You should not think you will see and therefore something will happen. Seeing is the awakened state. Initially it comes and goes and therefore we say you move into and move out of awakened states. Thereafter when you become awakened, it is permanent and irreversible.

It is not that you are doing anything, you have completely changed. You will be getting there soon."